



# February 2011 Newsletter

[www.100hour.org](http://www.100hour.org)

## *New Name, New Brochures, New Opportunities*

**ANNOUNCEMENTS:** At press time, here are the significant events going on within the FIT family.

- **The name change** from Florida Integrity Training Inc. to FAMILY INTEGRITY TRAINING INC. is now nearly 100% complete. We have letters from the Florida Department of State (we are a Florida Corporation) and the Internal Revenue Service officially recognizing the name change. Our brochures and correspondence also reflect these changes. Nearly everyone we have talked to have been pleased with the new names, especially those out of Florida who felt that the old name left them out.
- **A new FIT General-Ministry Brochure** is now available to supplement the Curriculum Brochure that has been our mainstay for some time (we are more than just a curriculum and books!). This brochure is in .pdf format and can be downloaded from our website at [www.100hour.org](http://www.100hour.org). It is available in several places on the site, including the “Forms” area and the “Contact” areas on the top ribbon of each page. This new brochure will also be emailed to those on our newsletter email list (send us an email to [info@100hour.org](mailto:info@100hour.org) to be placed on this list). All FIT newsletters can also be downloaded from our website.
- **The “Recently Released” program is now “Character Development”.** We still minister to the recently released, but we also minister in churches and to clients trying to get their lives together. We are “transitional” in the larger sense --- not limited just to those who have been in trouble with the law.
- FIT is working more closely with **prison transitional authorities**, especially within FL Department of Corrections Areas I (Northern Florida) and IV (Bradenton and south). As prisons face budget cuts, they are giving us a fresh new look. We are also negotiating with officials in other states as well. Statewide transitional offices are now more common across the country.
- More and more prisons, courts, and recovery centers are **adopting our complete “100-hour program”**. Previously, most just selected from the individual courses making up the total package. This is encouraging because the total program was our original focus and the basis for acceptance by the Florida Department of Corrections for approving it in meeting the requirements for the mandated 100-hour transitional course. It also more fully accomplishes our mission of putting our clients in more prolonged human contact with our facilitators who will guide them and also in addressing more of the many life-skills issues they face.
- **Space is still available for our one-day FIT volunteer training sessions** on February 11 (Hardee Correctional Institution, Bowling Green, FL – FL Department of Corrections Orientation for any state prison also included), February 18, Bradenton, FL, and March 10, Santa Rosa Beach, FL. See the website for details, to register, and to pay online.
- **FIT has enough funding** to supply Books for Registered FIT-Classes through July 1. This includes both facilitator guides and group member guides for scheduled classes based on estimated needs. Request online under “Forms”. For personal libraries or church use, materials can be also purchased under the “Shopping Cart” option.



**Don Pratt, President**

# Quick Facts About FIT

This page is available online as a four-page poster  
("FIT Because" at [www.100hour.org](http://www.100hour.org) under "Objectives")

## Why We Do What We Do

- Our Clients
  - are Underserved
  - Want to Know How to Live the Christian Life
  - They want...
    - Application Examples, not just Facts
    - To be Listened to and Respected
    - Practical Examples from real Human Beings
- Our Program is Both "Life Skills" and "Biblical"
- We Want...
  - A Fulfilling And Effective Christ-Centered Ministry
  - To Make The Most Impact In The Time We Have With The Best Delivery Methods
  - The Most Interaction And Problem Solving Among The Clients Themselves
  - To Be Part Of A Greater Community
  - Structure And Focus



Board Meeting In 2011 Hosted By Journey Church  
Pastor Don Carter, Standing on Right

## Leader Training

- 500 Leaders Trained – Receive One-Day Training
- Leaders 60% Female, Clients 60% Male
- Leader Training Available Throughout United States
- Certified Leaders Receive...
  - Free Materials as Funds Permit
  - Customized Graduation Certificates for all Graduates of a Course
  - Summary of All Student Credits Earned (by Request Only)



## Integrity Curriculum

- Faith-Based, 146 Hours of Lessons (73 Lessons), 8 Courses
- Authoritative: 7 Courses Written by an Author with a Doctorate, 1 with a Master's
- Life Skills (Anger, Parenting, Dating and Marriage, Loss and Grief, Christian Character, Financial Recovery, Social Skills)
- Separate Leader and Student Books for Each Course, Leader Training Available

## Graduations

- 28 Agencies – Throughout Florida and Beyond
- Prisons, Jails, Recovery Houses, Community Centers, and Churches
- 4,197 Course Certificates Issued in Last Four Years
- 64,345 Contact Hours with a FIT-Certified Facilitator
- Custody of Children Regained, Lives Changed
- FIT Summaries and Certificates Used by Courts, Judges, Probation Officers



Developing Life Skills Through Faith